Food Lab Sanitation Procedures

1. Wear appropriate, clean clothing on lab days. Avoid long, loose sleeves and dangling jewelry, wear apron for your color kitchen while working. You must have UNIFORM (hat/apron) on in lab

2. Wipe all counter tops and tables at the beginning and end of each lab with warm soapy water then spray with an alcohol or beach solution (1 T bleach to 1 gallon water)

3. Pull hair back and secure it so that it stays away from your face and shoulders before you enter the food lab this is for MALES and FEMALES. NO hair can be below your shoulders meaning if you have a long ponytail that is beyond your shoulders in length you must double pony it or create a bun.

4. Wash your hands with soap before beginning the lab for 30 seconds. Dry your hands on paper towels. Rewash after touching your face or any unsanitary surface.

5. Do not work with food if you have an open wound on your hands.

6. While working with food, avoid touching your hair, your skin or face.

7. Repeatedly wash your hands when necessary – especially after coughing, sneezing, referencing your phone/device or using the restroom.

8. Use hot, soapy water for washing dishes. Air dry when possible ensuring that dish rack is in sink and/or drying rack is OVER sink so that water can use gravity (drip into SINK not counter).

9. Wash dishes, pans and utensils as you use them, when possible use a kitchen tool, not your hands to complete tasks.

10. Place any dirty towels, aprons, etc. in the washer to be washed at the end of the hour. Rinse or spot clean if needed.

11. When tasting foods, use a spoon other than the one used for stirring. Use a clean spoon for each person tasting and for each time food is tasted.

12. NO CELL phones, iPads or other sources of contamination may be in LAB section of the classroom. If you must step away to use a resource you MUST leave it in the classroom section of the room then wash your hands again when returning to lab.

13. ALWAYS find a PURPOSE in lab and in life, there should not be idle time standing or talking that is not productive. Sweep, clean, reflect, answer questions, help someone else, question the world around you but find a purpose and show your WORK ETHIC!