**The Official Guide to Egg Weights**

In the United States the USDA has guidelines for egg weights, and all eggs are sorted at the processing facility by grade and weight. Here are the U.S. parameters for egg weight.

Note that these are **weights per dozen**; there will always be variation between individual eggs so weighing by the dozen averages out these small differences.

* **Small**: 18 ounces (about 1.5 ounce per egg)
* **Medium**: 21 ounces (about 1.75 ounce per egg)
* **Large**: 24 ounces (about 2 ounces per egg)
* **Extra-Large**: 27 ounces (about 2.25 ounces per egg)
* **Jumbo**: 30 ounces (about 2.5 ounces per egg)

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